



Holistic Dementia Care Solutions | Caregiving Resources



**Ellen Belk, CDP is President of Keep In Mind Inc.® specializing in holistic Dementia care solutions and caregiving resources.**

**With over 14 years of professional Dementia care leadership; Ellen is known for her operational expertise, executive leadership development, creative activity initiatives and caregiver training.**

**She authored the 360° Dementia Care Operational Manual™ for professional Dementia care partners who seek a comprehensive operational tool that exceeds industry expectations.**

**As a recognized innovator; Ellen's large-scale signature activity programs, benefit thousands with Dementia.**

**From a Mature Musician concert band in Wisconsin to a companywide Art Appreciation program for Atria Senior Living and her Operation Appreciation initiative for Milestone Retirement Communities; her creativity has high impact with positive outcomes.**

**Ellen's holistic approach to Dementia care evolved through years of experience on the frontlines of care. She witnessed far too many examples of the use of toxic medications and overstimulating care environments triggering negative outcomes.**

**A captivating and motivational communicator, Ellen empowers all caregivers to seek simple solutions to the complexities of Dementia care. Her four pillar holistic philosophy features; Environment, Communication, Nutrition and Activity solutions as alternate options to lethal medications.**

**Personally, Ellen practices her holistic approaches with great success as a caregiver to her father, with a mixed-Dementia diagnosis of Lewy Body and Parkinson's.**

**Ellen and her husband live in South Carolina.**

***Mission:** Delivering Holistic Dementia Care Solutions to family and professional care partners thru advocacy, education and consulting services.*

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