

EMERGENCY QUICK-TIPS FOR DIGNIFIED CARE

I have Dementia. My Name is: _____

- **Speak clearly** in **short sentences**
- **Stand in front** of me & **look me in the eye** when speaking
- **Introduce yourself** & take a moment to calm my nerves; before you begin
- **Give me brief explanations** of what you are about to do; **BEFORE you do it.**

Example: "I'll be rolling up your sleeve to take your blood pressure" or "I'm going to gently hold your hand so I can take your pulse" etc.

- Have **ONE person take the lead** while working with me. It will help me focus & be more responsive to your care

Thank you for being sensitive to my special needs



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